

APPENZELLER HUUS

A Lifestyle Wellness Community Starting March 29th 2024



## **Spa Menu** Your time-out at Huus Bären



...THE REAL SOURCE OF HEALTH & VITALITY...

## **Dear Guests**

with the construction of the third building, Huus Quell, the Appenzeller Huus resort will be completed in December 2024. A retreat between tradition and modernity with one of the most beautiful and innovative spas in Europe and the perfect place to relax and slow down. In order to shorten the waiting time until the opening, we are already offering various massage rituals with our first-class therapists at Huus Bären starting in April. Here is a selection of what we have to offer:

Aroma Oil Massage	30min	CHF 75	
Aroma Oil Massage	50min	CHF 130	
Couple's Massage	30min	CHF 150	
Couple's Massage	50min	CHF 260	
Foot Reflexology Massage	50min	CHF 130	
Sports Massage	45min	CHF 130	
Hot Stone Massage	50min	CHF 135	
Can also be booked as a couple's massage			

Hot Stone Yin&Yang	90min	upon request CHF 250
exklusive with Anna Röthlisl	oerger	
NHP treatment	50min	upon request CHF 170 -

exklusive with Brigitte Büsser, Naturopath

Bären Signature-Massage

CHF 150.-

created for you by our staff with dedication and heart. In this unique treatment, each movement is tailored to your specific needs to revitalize and relax your body from head to toe.

50min

We will be happy to reserve your personal time out: + 41 71 511 09 11

