

SPA PREVIEW



BIOHACKING

	MIN	CHF
CRYO	20	30
Whole-body cryotherapy strengthens the immune system, supports recovery, enhances performance, and improves skin appearance.		
MCS-INFRARED	20	30
Multi-cryohacking cabin with deep heat, oxygen, and neurostimulation – for relaxation, recovery, and anti-aging.		
HBOT	60/90/120	80/110/160
Oxygen therapy in a hyperbaric chamber – for cell rejuvenation, anti-inflammatory effects, performance enhancement, and improved concentration.		
FLOW	30	30
Intermittent over-/under-pressure therapy to promote blood circulation, lymphatic function, and relaxation.		
CO ₂ -THERAPY	30/50	120/150
CO ₂ dry bath to improve skin appearance, circulation, and recovery after physical exertion.		
L3 CIRCLE (MCS + CRYO + FLOW)	60	80
Combination of three therapies for holistic regeneration and stimulation of the body.		

Prices include a 50% welcome discount.

ANALYSEN

	MIN	CHF
BODY COMPOSITION CHECK UP	30	45
Analysis of muscle mass, body fat, water balance, and more, including personal consultation and goal setting.		
BODY SCAN (SCANECA)	30	40
Virtual body scan with posture analysis, strain evaluation, and personalized goal consultation.		

OTHER THERAPIES

	MIN	CHF
PHYSIOTHERAPY	30/50	70/140
Physiotherapy aims to restore physical functions, enhance mobility, and alleviate pain.		
DRY NEEDLING	30/50	75/150
Dry needling is a minimally invasive therapy in which acupuncture needles are inserted into “trigger points” or tense muscle areas.		

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