

SPA MENU



TREATMENTS

	MIN	CHF
AROMA OIL MASSAGE	30/50	75/130
Relaxes the muscles and restores energy. Also available as a couples massage.		
SPORTS MASSAGE	40	135
A soothing treatment before or after physical activity.		
HOT STONE MASSAGE	50	135
A ritual with warm healing stones that brings body and mind into harmony.		
FOOT REFLEXOLOGY MASSAGE	50	130
A deeply relaxing foot massage with holistic effects.		
BÄREN SIGNATURE MASSAGE	50	150
Tailored to your individual needs. A holistic experience for body and soul.		

FACIALS

	MIN	CHF
AQUA ORGANIC SMART	60	190
Men only specially formulated for the needs of men's skin.		
AQUA ORGANIC SENSITIVE	60	190
A vascular-strengthening plant complex calms, revitalises and strengthens the skin.		
AQUA ORGANIC AGE DEFENSE	90	245
Intensely firming and plumping with highly concentrated hyaluronic acid and aloe vera.		

We are happy to reserve your personal time-out at + 41 71 511 09 11